





Reminiscent of the sun, the Sunstone is believed to bring life, positive energy, and abundance to those fortunate enough to carry it.

At Sunstone, the Spa at Agua Caliente, we gain inspiration from the positive and healing energy of this iridescent stone.

Sunstone is your place to unwind, reconnect, and renew.



# GET TO KNOW YOUR SPA

To enhance your spa experience we provide luxurious grooming amenities as well as a private locker, robe and sandals.

The spa offers a men's and women's locker area featuring a eucalyptus steam room, menthol sauna, whirlpool, grounding room, coed lounge, outdoor private spa pool and fitness center.

Just bring a bathing suit and fitness attire to enjoy the spa and fitness center.

#### **RESERVATIONS**

We encourage you to schedule appointments ahead of time to ensure that your therapist, and/or preferred treatments and times are available. Walk-in appointments are always welcome and based on availability.

All reservations must be secured with a credit card, telephone number and email address.

To schedule your appointments, please call our spa service desk at 760-202-2121.

Hotel guests may dial extension 8007.

#### ARRIVAL

Spa guests have access all day. For those arriving closer to their treatment time we suggest you arrive at least 30 minutes prior to your first scheduled appointment. This will ensure adequate time to check in, relax and fully enjoy the spa amenities. Arriving late will limit the time of your Sunstone experience.

# HEALTH CONCERNS & SPECIAL NEEDS

Please notify our staff of any health concerns, special needs, or if you are pregnant at the time of booking so we may guide you to the appropriate treatment choices. Sunstone Spa reserves the right to refuse service at our discretion.

### SPA ETIQUETTE

We are dedicated to providing a healthy and comfortable environment for our quests. Please be aware that Sunstone is a nonsmoking environment, and cellular phone use is prohibited within the premises. We request all calls conclude and devices are turned off prior to entering the spa. Personal music is not allowed. Most spa treatments are enjoyed without clothing. You will be properly draped throughout your treatment; however, you may wear whatever makes you most comfortable. Swimsuits are required for all coed areas. We request that you remove all jewelry and other valuables prior to visiting. Sunstone is not responsible for lost, stolen or misplaced personal items.

#### AGE REQUIREMENT

To enjoy the Spa and its amenities guests must be at least 18 years of age. An ID will be requested upon arrival. Salon hair care and nail treatment services are available for children but require the presence of a guardian 18 years or older at all times.

#### **CANCELLATION POLICY**

Because the scheduled Sunstone services are reserved just for you, we kindly ask for a 24-hour notice if you need to change or cancel your appointment. Without this notification, the total treatment will be charged.

#### **GRATUITY**

Gratuities are left at the guest's discretion, but welcomed by the staff for service excellence. Customary gratuity ranges from 18% to 20%.

#### SPA CABANA RETREAT

Add this to your special spa day and enjoy the privacy of your own Sunstone Spa Cabana and Whirlpool.

Food and cocktail service is available upon request.

Inquire about our seasonal and package pricing.

Guests must be at least 18 years of age.

# SPA EXPERIENCES

#### SUNSTONE DAY PASS

Be restored and replenished as you take in the amenities and pampered care of our attentive professionals. The Day Pass includes full use of the eucalyptus steam room, menthol dry sauna, whirlpool, men's and women's grounding room, coed lounge, fitness center and the private spa pool. \$60\*

# HALOTHERAPY

Experience the power of salt in our Halotherapy booth which includes the Sunstone Day Pass. This session is great for allergies, asthma and bronchial congestion.

Intended to clear your sinus and lungs so you can breathe easy.

\$80\*

\*By appointment only and based on availability. Weekends and holidays are limited, and or may be restricted. It is recommended to call and reserve prior to visiting.



# SPECIALIZED MASSAGE THERAPY SUNSTONE'S GEMSTONE THERAPY COLLECTION

Our massages begin with a gentle foot exfoliation ritual, include heated stones throughout the treatment, a heated back pad, enhanced infrared heated table, with a brief vibrational session. Services blend the healing properties of stones with quartz infused oils for one-of-a-kind service. Indigenous botanical and essential oils bring the healing elements of native plants to encourage and support an overall sense of well-being.

# SUNSTONE SIGNATURE

A heated gemstone massage using our very own custom carved Sunstones. Sunstones were known for aiding in mental clarity, providing a positive outlook, warming the heart and giving strength. We combine this with gemstone infused essential oils of rose, sandalwood and vetiver to restore, increase optimism and repair the skin. This head to toe service includes a luxurious scalp repair massage and deep repair foot scrub leaving you re-energized and renewed.

#### SERENITY MASSAGE

A relaxing Swedish massage using light-to-medium pressure to calm the mind and body while relaxing muscle tension and improving circulation. Heated gemstones of sodalite and magnesite bring deep relaxation and help calm the mind for increased clarity and focus. Our revered sesame oil, rich in zinc, boosts collagen, helping to heal and regenerate the skin.

60 minutes \$180 / 90 minutes \$240

#### THERAPEUTIC ARNICA

A deep massage that relieves tight muscles and aches, while reducing inflammation. The blend of sage, arnica and lavender heals while relaxing the mind. Heated gemstones of unakite and magnesite aid in releasing tension. This customized blend of deeper muscle therapy and pressure points effectively relieves tight, problematic and sore muscles. 60 minutes \$180 / 90 minutes \$240

#### DESERT RAIN MASSAGE

This Swedish-inspired massage of light-to-medium pressure uses the aromatic local desert botanicals of sage and lavender reminiscent of desert rain to help increase immune function, reduce stress levels and boost fatigue. Heated stones of fluorite and magnesite relax muscles and settle the nerves. 60 minutes \$180 / 90 minutes \$240

#### RESTORED ENERGY

Utilizing Eastern techniques of shiatsu, thai and reflexology this massage re-energizes, balances and soothes the body, muscles and joints.

A medley of sandalwood, peppermint and vetiver infused with arnica releases anxiety, energizes the mind and assists with immune function.

Heated gemstones of aventurine and fluorite remove exhaustion and aid in mental balance.

60 minutes \$180 / 90 minutes \$240

# **DETOX MASSAGE**

A very light pressured massage, this begins with a dry mitt exfoliating treatment to stimulate the lymphatic system. A light lymphatic massage technique is performed with infused oils of rosemary and cypress to support the adrenal system, increase circulation, diminish muscle aches and reduce edema. Heated gemstones of serpentine and aventurine purify and restore balance.

60 minutes \$180 / 90 minutes \$240

#### REFLEXOLOGY

This ancient Chinese therapeutic work assists the body's natural meridian system using pressure points on the feet to impact the body. Our custom Gemstone scrub with arnica exfoliates and relieves tension from tired legs and feet. Steamed heated towels are placed before a blend of sandalwood, vetiver and peppermint is applied to aid in relaxation and dissolve anxiety. Aventurine and fluorite stones dissolve fatigue and boost the immune system. 60 minutes \$170

#### **BACK OF BODY**

A power-packed session with a muscle-relaxing combination of heated gemstones and an applied heat pack with oils of arnica and lavendar for total tension reduction. This treatment concentrates on common problem areas using therapeutic techniques for quick muscle releases and overall relaxation.

30 minutes \$120

#### MOMMY-TO-BE

A gentle massage designed for expectant mothers to enhance physical and emotional well-being. The techniques are performed to take pressure off the lower back and relax restless legs. We use a healing blend of rose maroc, ylang-ylang and tangerine to aid in mental clarity, add elasticity of the skin, and induce deep relaxation.

\*Must be past the 1st trimester.
30 minutes \$120 / 60 minutes \$180

# MASSAGE ENHANCEMENTS

# Lymphatic Dry Exfoliation Treatment

A dry mitt exfoliation aids in stimulating the lymphatic system, removing dead skin cells and increasing circulation ......\$10

#### Moroccan Hair Treatment

During your scalp massage a calming gemstoneinfused essential oil blend is used to add a healthy shine and glow to remove dullness and clear the scalp of impurities.....\$10



# SUNSTONE SKINCARE CLINICAL SIGNATURE FACIALS

#### **BOTINOL FACIAL**

An innovative, non-invasive anti-aging treatment boosted with retinol, alpha-lipoic acid and 5 peptides that visibly reduce expression lines, fine lines and wrinkles. Provides an instant and long term youthful look. Minimizes the appearance of cutaneous aging.

60 minutes \$190 / 90 minutes \$250

#### COLLAGEN FACIAL

An intensely rejuvenating treatment that minimizes visible lines and wrinkles. Rejuvenates and tightens the skin for more youthful, flawless appearance. Hydrates the skin for a plumper, firmer, more radiant complexion.

60 minutes \$190 / 90 minutes \$250

# SOOTHING & HYDRATING FACIAL

An enriched seaweed, thermos cooling treatment that infuses the skin with immediate and long lasting hydration. Minimizes the appearance of redness and soothes the skin. Provides instant radiance for an illuminated complexion.

60 minutes \$180 / 90 minutes \$240

#### VITAMIN C FACIAL

A powerful age-defying energizing treatment that reduces the appearance of the signs of aging, providing long lasting results. Visibly enhances skin elasticity for a revitalized appearance.

60 minutes \$180 / 90 minutes \$240

# **REVITALIZING & PURIFYING FACIAL**

A revolutionary treat that clears and revitalized fatigued, stressed and dull skin. Purifies and deeply hydrates the skin to restore the natural radiance and glow. By normalizing and balancing oily skin it becomes luminous and younger looking. 60 minutes \$180 / 90 minutes \$240

# MICRO CURRENT FACIAL

Our skin care professionals will analyze your skin and choose the best products for your skin type. Using a unique technology, specifically targeting aging and lifestyle concerns. Ultrasonic helps to exfoliate and the micro-current firms and lifts, leaving the skin smooth and fresh.

60minutes \$180 / 90 minutes \$240

#### LIGHTSTIM FACIAL

FDA cleared, each LED wave length of light color used provides unique therapeutic benefits. When the light spectrum penetrates the skin over the serum and mask it helps energize cells, stimulate collagen production, smooth fine lines and wrinkles as well as helps to destroy acne causing bacteria. Perfect for all skin types. 60 minutes \$180 / 90 minutes \$240

#### HYDROLIFTING FACIAL

A unique, specifically formulated clinical treatment that visibly firms both the face and neck. Intensely hydrates the skin for a radiant and revitalized appearance. Visibly improves the skin's elasticity and minimizes the appearance of fine lines and wrinkles.

60 minutes \$180 / 90 minutes \$240

#### **EXPRESS FACIAL**

This express treatment is a condensed version of our tailored facials. Personalized to what your skin requires, this facial is ideal to add-on to any of your spa services or when you are short on time.

30 minutes \$120

### SKINCARE ENHANCEMENTS & ADD ONS

30
32
20
20
52
525
52
52
52
40

#### WAXING SERVICES

yebrow	.\$25
ip or Chin	.\$20
lose or Ear	.\$20
ull Arm	.\$60
Half Arm	.\$45
full Leg	.\$90
Half Leg	. \$70
Back or Chest	.\$90
Jnderarm	.\$30
rench Bikini	\$50

Full Face





# PAMPERING BODY TREATMENTS GEMSTONE POLISHES

Unique to Sunstone and designed with you in mind! Allow us take you on a journey withthese proprietary body treatments. The scrub will be created for you based on your specific goals and needs. Discover how the gemstone-infused essential oils create a luxurious soft texture. These masterfully scented and healing blends are made with ancient salts, gem powder and clay that detoxify and mineralize while healing the skin. Warm aromatic oil prepares the skin for your custom scrub. Heated salt stones buff to renew and polish the skin to achieve a healthy glow. A soothing hydration massage locks in hydration to leave your skin renewed and glowing.

60 minutes \$160

#### DETOX:

A detoxifying blend of ginger, cypress, geranium and rosemary to increase circulation, reduce water retention, tone and tighten and boost digestive renewal and adrenal function while offering relief from heaviness and fatigue.

#### HEALING:

Joint and muscle soothing, this anti-inflammatory blend of arnica, wild sage and lavender purifies and calms. Supercritical CO2 of arnica promotes healing and relaxation targeting aches, pains and soft tissue damage.

# STRENGTH:

An energizing and reparative oil infusion of peppermint, cajeput, sweet marjoram, vetiver, sandalwood, clove bud, menthol and arnica penetrate 'cold heat' to restore flexibility and ease aches and pains.

Dissolves muscle tension and releases energy for creative expression.

#### HEARTFUL:

Nurturing and healing oils of rose, sandalwood, primrose, vetiver and geranium strengthen and support the endocrine system and the sense of deep peace. Induces compassion along with tenderness assisting with stress, grief and being overwhelmed.

9

# **GEM INFUSION WRAPS**

Our gemstone wraps use the healing properties of plants, essential oils and herbal-infused clays working in tandem with infrared heat and gemstones. This supports the healing process of tissue, muscles and joints while warming deeper levels of the body for a reduction in pain and an increase in circulation to boost metabolism. Infusing these therapies maximize the effectiveness in meeting your goals.

# LAVENDER ALOE WRAP

An infusion of aloe and lavender healing properties create this reparative treatment that assists with dry skin and sun damage. Especially ideal for sunburn where the skin needs time to repair itself. While the infrared sauna dome and Aloe infusion heals tissue, a neck and scalp massage unwinds the body. This is followed with an aromatherapy body butter application to lock in the aloe for continued repair.

# SLIMMING DETOX INFRARED TREATMENT

A calming dry exfoliation technique begins this treatment. The warm of espresso and Tahitian vanilla follow for an infusion blend of antioxidants to improve skin contour, slimming affects and overall health results. A finale with a full infrared sauna dome treatment. The benefits of the session are weight loss, sports recovery, detoxification, stress reduction, pain relief, lower blood pressure, improved circulation, wound healing and reduces cellulite. 60 minutes \$170

# COASTAL SEAWEED WRAP

Seaweed is extremely mineral rich, full of nutrients, detoxifying and hydrating for your skin. Our infusion of seaweed, oils and herbs offer an aromatic scent that heals your skin while relaxing the mind. During your infrared sauna dome experience, a scalp and neck massage calms the mind and loosens tension.

60 minutes \$170

# BLUE SAGE DESERT MUD WRAP

Desert mud infused with indigenous herbs of sage and arnica heal, cleanse and soothe muscles. While under our Infrared sauna healing dome a neck and scalp massage is performed. This is completed with wild lavender herbal lotion and essential oil blended back massage to hydrate the skin. 60 minutes \$170

10

# WELLNESS PACKAGES

# SUNSTONE ESCAPE

Escape with us at Sunstone for a day of relaxation and renewal.

Be relaxed and be replenished with the healing combination of our Sunstone custom massage and an Anti-aging collagen facial to make this a great escape for any special occasion.

120 minutes \$335

#### THE POLISHED GEM

A full body custom scrub made of our luxurious desert sea salts and gemstone-infused oils creates the unique service you have been looking for.

A Sunstone custom massage will use the heated gemstones and rose quartz-infused oils that work in harmony together. This treatment will unwind tension and soften the skin leaving you renewed and totally refreshed.

90 minutes \$270

#### SUNSTONE GEM TRIO

A melody just for you. This replenishing combination of our custom gemstone massage and salt scrub pairing treats you to treatment based on your personal goals. Your esthetician skin specialist will analyze your skin to create a customized facial for your skin needs and leave you rejuvenated.

170 minutes \$475

# **ESSENTIALS FOR HIM**

# THE HELIOS FACIAL

A powerful facial tailored to repair and replenish the skin. Using a combination of skin brightening, hydrating and wrinkle reducing ingredients creates a healthy and rejuvenated appearance to the skin.

60 minutes \$180

# THE PEACEFUL WARRIOR

Oils of clove, peppermint, sandalwood and arnica combined with unakite and sunstone gemstones assist in the elimination of aches and pains along with physical and mental recovery. Tailored to your specific athletic needs, this service focuses on injuries and reduces recovery time.

60minutes \$180 / 90 minutes \$240

# RETREATS FOR TWO

# GEMSTONE MASSAGE

Let us help you reconnect with a luxury service in one of our couple's suites. This treatment will promote healing and regenerate the skin with rose, sandalwood and vetiver. A heated gemstone blend enhances the effects of deep relaxation and clarity. This custom massage uses light-to-deep pressure to reduce muscle tension and improve circulation.

60 minutes \$370 / 90 minutes \$490

#### THE POLISHED GEM FOR TWO

A full body custom scrub made of our luxurious desert sea salts and gemstone-infused oils creates the unique service you have been looking for. A Sunstone custom massage will use the heated gemstones and rose quartz-infused oils that work in harmony together. This treatment will unwind tension and soften the skin leaving you renewed and totally refreshed. 90 minutes \$540

\*For the complete treatment description of The Polished Gem treatment see facing page 11.

# AGUA CALIENTE DESERT ESCAPE

To share together, a calming, luxurious private bath customized with your choice of four therapeutic mineral salt blends to mineralize the body and fill the air with aromatic essential oils. This is followed with our heated sunstone massage, known for aiding in mental clarity, promoting a positive outlook, and providing strength. Infused essential oils of desert arnica, sage and lavender restore energy, increase optimism and is reparative to the skin.

#### MILK AND HONEY RETREAT

This treatment applies rich healing properties of milk and Fiji honey infused with extracts from coconut and mango flowers blended into a warm bath. A luxurious coconut sugar scrub rich in B vitamins, zinc and magnesium is used to exfoliate dead skin. A nourishing milk and honey infused coconut massage oil with heated stones melt away muscle tension and unwind the mind.

11

# THE SALON EXPERIENCE

# MANICURE EXPERIENCE

Our Manicure Experience includes a soothing heat pack applied on the shoulders while you receive nail shaping. cuticle cleanup and a nourishing oil treatment. An exfoliating scrub followed with a relaxing heated salt stone massage relieving stress. Complete the experience with your choice of a nail polish or shine buff. 50 minutes \$60 Gel Removal 80 minutes \$75

# GEL POLISH MANICURE

A soothing heat pack relaxes the shoulders while a dry cuticle, gel application is applied. A soothing hydration massage ends your gel polish manicure journey. 50 minutes \$65
Gel Removal 80 minute \$80

# SUNSTONE SIGNATURE PEDICURE

This luxurious treatment includes a hydrating foot soak, nail shaping, cuticle clean up, callus removal, exfoliating scrub and leg mask. A relaxing hydrating massage with heated salt stones followed with a paraffin hydration foot treatment relieves tension and deeply nourishes tired feet. Finish this pampering service with your choice of a polish or shine buff. 80 minutes \$105

# PEDICURE EXPERIENCE

Our Pedicure Experience includes a foot soak, shaping, cuticle clean up, and callus remover along with an exfoliating scrub. A relaxing heated salt stone massage followed with hot towels to relieve tired feet. End with your choice of a nail polish or shine buff. 50 minutes \$75

# EXPRESS REFRESHER MANICURE

A perfect fit for your spa day, the Express Refresher includes a cuticle clean-up, nail shaping, hydration application and your choice of polish or shine buff.

20 minutes \$35\*

### ADD ON

Gel or Polish Repair	\$15
Gel Removal	\$15
Callus Removal	\$15
Paraffin Hydration Treatment	\$15

13



#### THE HEAD SPA EXPERIENCE

By combining the powerful products with the Spa Mist technology with this 5 step application gets immediate results for your hair type and needs. \$120

#### Smooth

Hair with texture concerns. Instantly detangles, leaving hair shiny and silky smooth.

### Moisture

Dull, dry and porous hair. Weightlessly nourishes and enhances color vibrancy.

#### Repair

Damaged and over processed hair, intensively repairs and reconstructs severely damaged hair.

# Anti-Frizz

Frizz prone hair. Eliminates frizz, defines waves, curls and blocks humidity.

#### Volume

Fine, limp and flat hair. Maximizes volume and fullness while creating optimum bounce and body.

#### Scalp

Issues with itchiness, dandruff, dryness, oiliness and odor. Normalizes the scalp and restores a healthy balance. Clears the hair follicles.

#### HAIR

Women's Cut	\$85 & up
Pixie Cut	\$65
Men's Cut	\$45
Children's Cut \$2	5 (ages 12 and under)
Wash and Style	\$60 and up
Full-Head Color	\$140 and up
Color Retouch (roots only	) \$85 and up
Full Foil	\$200 and up
Partial Foil	\$150 and up
Brazilian Blowout	\$240 and up
Up-Do/Special Styling	\$75 and up
Beard Trim	\$15 and up

### ADD ON

Color Toner	\$15
Conditioning Treatment	\$35
Curling Iron	\$15
Flat Iron	\$15

\*Add on services may have restrictions on express services based on time.

14



Enliven your senses, calm your spirit, discover a new lifestyle path to relaxation and renewal with the Sunstone suite of indulgent spa experience services just for you.



RANCHO MIRAGE



